



## STRATEGIES AND SUGGESTIONS FOR CHILDREN WHO ARE THROWING THINGS

### THROWING - Understanding, preventing, and responding

- [Understanding the Meaning of Challenging Behaviors](#)

### THROWING - Related Training Modules

- [Establishing Behavioral Expectations](#)  
(5 minute video, with supporting materials)
- [Managing Challenging Behavior eLearning](#)  
(preview of 2 free online courses)
- ["Best Practices for Managing 'Out of Control' Children"](#)  
(free webinar, previously recorded; registration required)

### THROWING - Resources for Families

- [Teaching Children to Identify and Express Emotions](#)
- [Helping Children Recognize and Understand Frustration](#)
- [Helping Children Recognize and Understand Anger](#)