



## **STRATEGIES AND SUGGESTIONS FOR CHILDREN WHO ARE HITTING**

(includes kicking, pinching, and other undesirable behaviors)

### **HITTING - Understanding, preventing, and responding**

- [Understanding the Meaning of Challenging Behaviors](#)
- [Tips for Hitting, Kicking, and other Challenging Toddler Behaviors](#)
- [Dealing with Hitting and Kicking](#)

### **HITTING - Related Training Modules**

- [Managing Challenging Behavior eLearning](#)  
(preview of 2 free online courses)
- [Behavior Management Training Modules](#)  
(Module 1, Building Relationships; Module 2, Teaching Strategies; Module 3, Individual Interventions; Module 4, Leadership Strategies)
- ["Best Practices for Managing 'Out of Control' Children"](#)  
(free webinar, previously recorded; registration required)

### **HITTING - Resources for Families**

- [Teaching Children to Identify and Express Emotions](#)
- [Helping Children Recognize and Understand Frustration](#)
- [Helping Children Recognize and Understand Anger](#)